

squishable®



**Social Distance
Plague Doctor**

Materials list:

14-count Aida cloth – at least an 9" square

Embroidery needles

A skein of embroidery floss in the following colors:

DMC BLANC - White

DMC 310- Black

DMC 712 - Cream

DMC 3033 - Very Light Mocha Brown

DMC 413 - Dark Pewter Grey

DMC 169 - Light Pewter

DMC 939 - Very Dark Navy Blue

How to Cross-Stitch:

If you're familiar with cross-stitch, go ahead and skip forward to the pattern so you can start stitching!

If you've never done cross-stitch before, welcome! Cross-stitch involves stitching lots of tiny X's onto Aida cloth or linen to create a design. In this pattern, you'll be stitching a plague doctor with some social distancing advice.

To get started, take your Aida cloth. Fold it in half lengthwise and fold it in half again widthwise. The intersection of the two folds is where you should start working on your design to keep it centered. The red lines in the cross-stitch pattern indicate the center of the pattern so you can line up your design to the cloth.

Set aside your Aida cloth and pick up your floss. Cut a length of floss 18"-24" long. You'll notice that the embroidery floss is made up of six strands. We're not going to be using all six at once, you'll only be using two. Separate two strands from the length of embroidery floss that you cut. Knot one end of the two strands together and thread the other end of the two strands through your embroidery needle.

It's time to start stitching! With your needle and thread, come up through the back of your cloth at the center of the design and start stitching your X's. Stitches are usually worked in rows from left to right. First you'll make a row of half cross-stitches that look like slashes: // //. You'll then stitch back over the stitches you just made, but working in the opposite direction, which will look like backslashes: \ \ \.

If you're just getting started and want to work one X at a time, that's okay, too! You'll have plenty of floss in your skeins to work whatever way you like.








How to read a chart:

A cross-stitch chart is made up of a number of symbols that correspond to the colors used the design. There's a key at the bottom of the page that shows which symbol matches which color floss and how many stitches you'll need to make in each color.

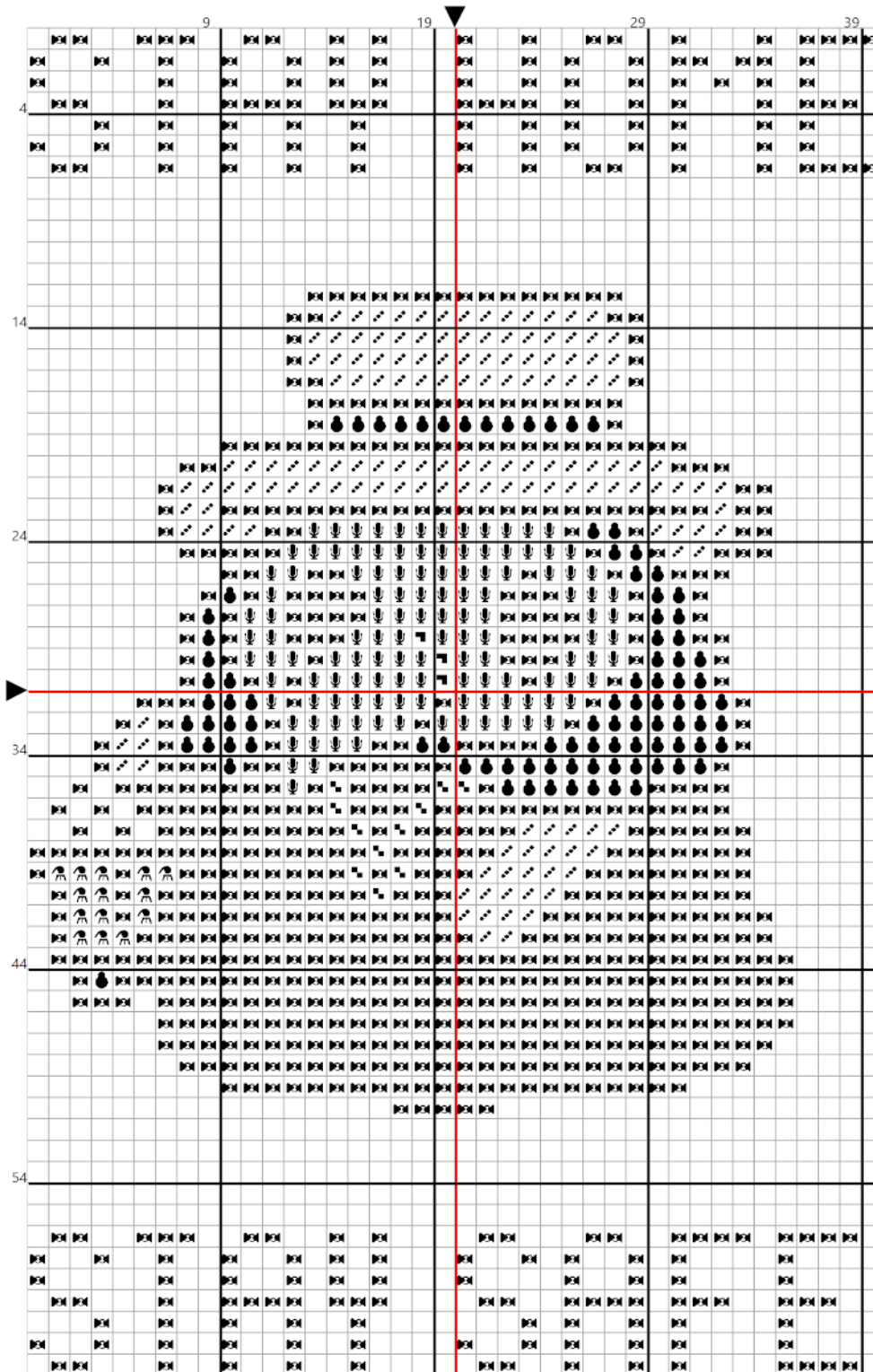
Looking for materials? The following retailers carry cross-stitch supplies:

Michaels
JoAnn Fabrics
123Stitch.com

Pattern Key:

	Number	Description	Strands:	No.
	DMC BLANC	White	2	127
	DMC 310	Black	2	839
	DMC 712	Cream	2	14
	DMC 3033	Mocha Brown very lig	2	11
	DMC 413	Pewter Grey dark	2	94
	DMC 169	Pewter light	2	3
	DMC 939	Navy Blue very dark	2	148

Plague Doctor



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